

## **CBD oil: The 25 most common questions about CBD oil**

CBD oil is extracted from the hemp plant and is legal in USA and most European countries. The oil is used as a dietary supplement, and many people benefit from this product. Because there are many questions about CBD oil, we will go through the most frequently asked questions in turn.

### **What is CBD oil?**

CBD oil is made from hemp plants. It contains a lot of CBD and very little or no THC. It doesn't get you high or stoned. CBD has healing effects. CBD oil is used by people with a variety of ailments. We sell CBD oil as a dietary supplement and we do not make any medical statement.

### **What is the difference between the CBD oil and THC oil?**

CBD oil for sale is made from hemp (cannabis sativa) and contains no or little THC. THC oil is made from cannabis and contains lots of THC and usually very little CBD. THC oil is also called Rick-Simpson oil and is illegal in the most parts of the world because of the high concentration of THC.

### **What to look for when buying CBD products**

- ☑ Buy CBD oil only from a reputed brand.
- ☑ Do not buy CBD without COAs (Certificate of Analyses)
- ☑ Buy CBD products only from trustworthy online stores.
- ☑ What active cannabinoids are in the CBD?
- ☑ Which oil was used to dissolve the CBD?
- ☑ If you know what you want, you can buy economic packaging.
- ☑ How many drops of CBD oil should I use?

The use of CBD oil varies per person and product. It is recommended to start with 1 to 2 drops per application and do this 1 or 2 times a day. The dose can then be adjusted as required. Also read the information provided with the product for the recommended use.

### **What's the best way to take CBD oil?**

CBD oil can best be taken sublingually. You can also drip it on the hand and then lick it. Some people do not find the taste pleasing. In this case you can also drip the oil on a piece of bread. Shake well before use.

### **Does CBD oil cause you to get high or stoned?**

No, CBD oil does not contain any psychoactive substances, and it does not stone you.

### **Does CBD help with my illness?**

We see CBD oil as a dietary supplement and we do not make any medical statements. Many people, including our customers, benefit from CBD oil.

### **What is the best CBD oil?**

The CBD oil products we sell are all tested and approved. The CBD products produced should meet high quality requirements. The difference between the oils is mainly of the concentration of CBD.

CBD oils with a higher proportion of CBD are more effective than CBD oils with a lower percentage/ less mg of CBD.

### **CBD side effects?**

There are no known side effects with normal use of CBD oil.

### **What are the experiences with CBD products?**

Customers who benefit from the CBD oil, but there is also a group that derives little benefits. This could be caused by too low a dose, or because you stop too early with the usage. Also, there is always a group of patients who have no effect of almost any drug. CBD oil for sale is not a panacea, it is a natural substance that can make a positive contribution to health.

### **How fast does CBD oil work?**

This depends on the dose, the disease and the expectations. Some people notice the calming and relaxing effect of the CBD within 15 minutes when administered orally under the tongue. If you use CBD for other reasons, the medical effect may take longer. Think about a few weeks.

### **What is CBD?**

CBD is one of 104 cannabinoids naturally found in Cannabis Sativa. CBD is extracted from the stems, the leaves and the flowers of this plant. The full name of CBD is cannabidiol. The medicinal effects of cannabinoids as antioxidants and neuro protectants are defined in the US Cannabis patent.

### **Cannabinoid receptors?**

A cannabinoid is a substance that can bind to a cannabinoid receptor. There are at least two types; CB1 and CB2. Cannabinoid receptors are a part of the human body and are therefore a part of various physiological processes such as appetite, pain, mood swings and memory.

What are the phenols in the CBD?

Phenol or hydroxybenzene is an organic compound consisting of a benzene ring where a hydrogen atom is replaced by a hydroxyl group. Phenol is therefore called aromatic alcohol.

### **Terpenes in the CBD oil?**

Terpenes are one of the most common varieties of natural products. They have diverse, very different functions in plants. In food and food supplements, Terpenes are mainly important because of the fragrance and aromas they give off. The aroma of the various cannabis plants is determined by the respective Terpenes. This is just like citrus fruits, nutmeg and many other herbs and spices.

### **Hemp oil, healthy ingredient?**

In the majority of CBD oil for sale, hemp oil is also included. Hemp oil is a biological product of the cold pressed hemp seeds. In order to press the hemp seed, the shell is first removed. Due to the fact that the seeds are cold-pressed, high-quality, essential components remain in the oil.

These healthy ingredients include:

- ☑Minerals
- ☑Vitamin B and E

- ☒Omega 3 and 6 fatty acids
- ☒Hemp proteins
- ☒Carotene

### **Is cannabis oil the same as CBD oil?**

Cannabis oil is not a CBD oil and is therefore also known differently. Buying cannabis oil is actually like buying THC oil. It is under strict supervision to ensure that sellers do not break the opium legislation. The opium law is broken, for example, when more than 0,3 % THC is present in the products. We do not meet these requirements, as the sale of cannabis oil is prohibited.

### **How to store CBD oil?**

CBD oil is best stored in a dark, cool place. CBD oil is sensitive to light and air, so the bottle of CBD oil should be fitted well after use. The oil is suitable for daily use, so it is easiest to reach if placed in an easily accessible place. Most people simply place the oil in their kitchens.

### **How can CBD help you with?**

- ☒Anxiety
- ☒Alcoholism
- ☒Back Pain
- ☒Chronic Pain
- ☒Diabetes
- ☒Depression
- ☒Epilepsy
- ☒Fibromyalgia
- ☒Migraines
- ☒Multiple Sclerosis
- ☒PTSD
- ☒Psoriasis
- ☒Rheumatoid Arthritis
- ☒Schizophrenia & Psychosis